

New Year ~ New You!

6-week Fitness Challenge!

9 January – 20 February 2023

\$20 to enter

FREE bungee class for all participants!

Start your new year right with a new fitness journey!

Win great prizes!



1st: 1-month unlimited SABF membership

2nd: Limited edition insulated water tumbler

3rd: SABF tee shirt (racerback or tee)

Register in-studio or online at: www.stringsattachedbungeefitness.com

Challenge registration ends: Tuesday, 10 January, end of day

Forms due: 24 January, end of day

Drop off in-studio or email legible photos: strings.attached.bungee@gmail.com

Winners announced the week of 13 February